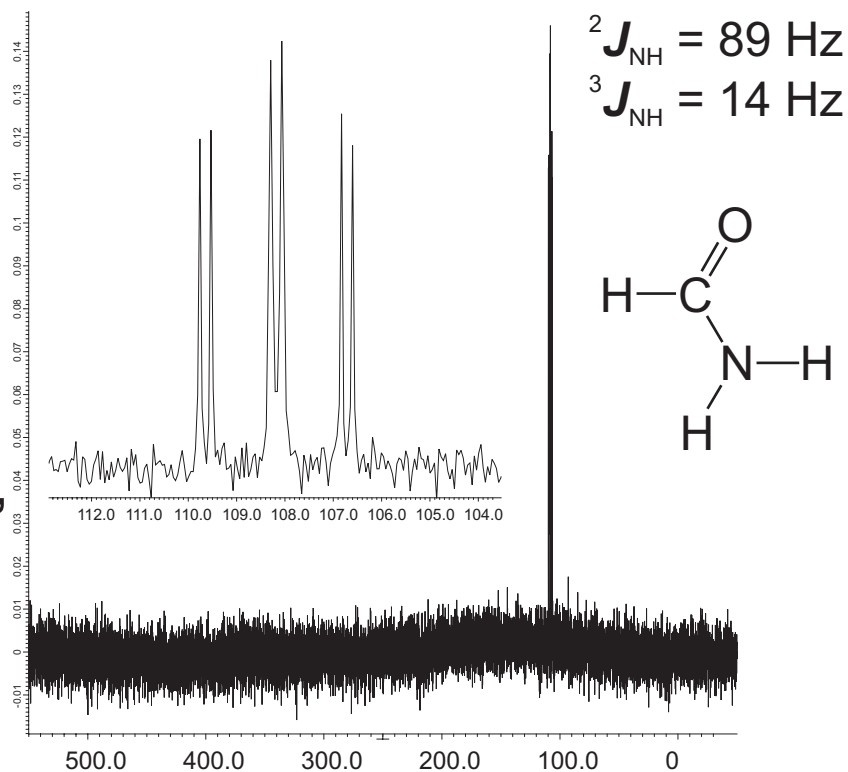
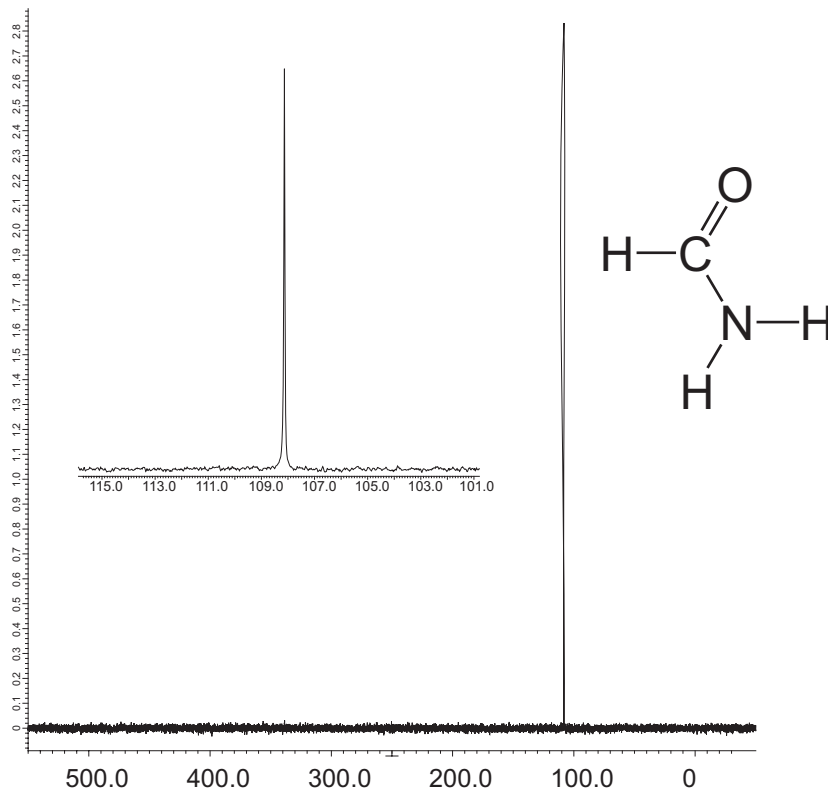


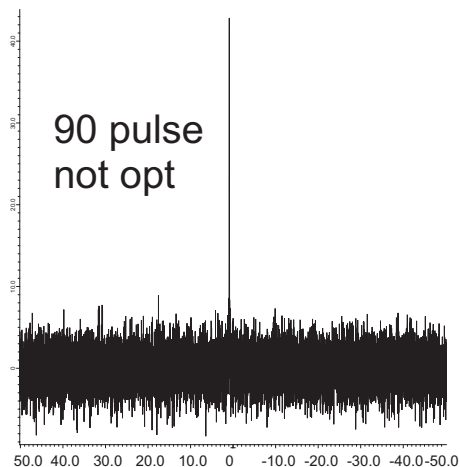
^{15}N -NMR
nt = 1024
~2 hours
Formamide,
neat



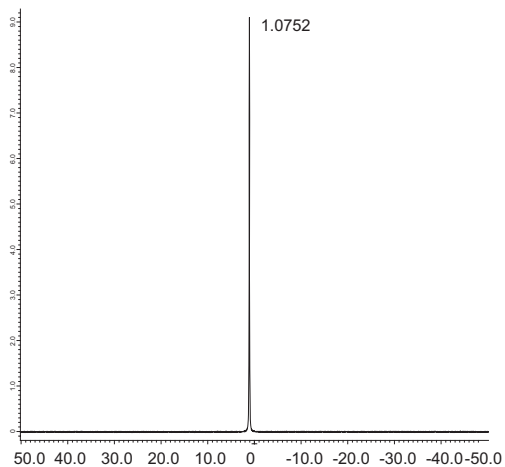
^{15}N -NMR
(^1H -dec)
nt = 128
~2 min
Formamide,
neat



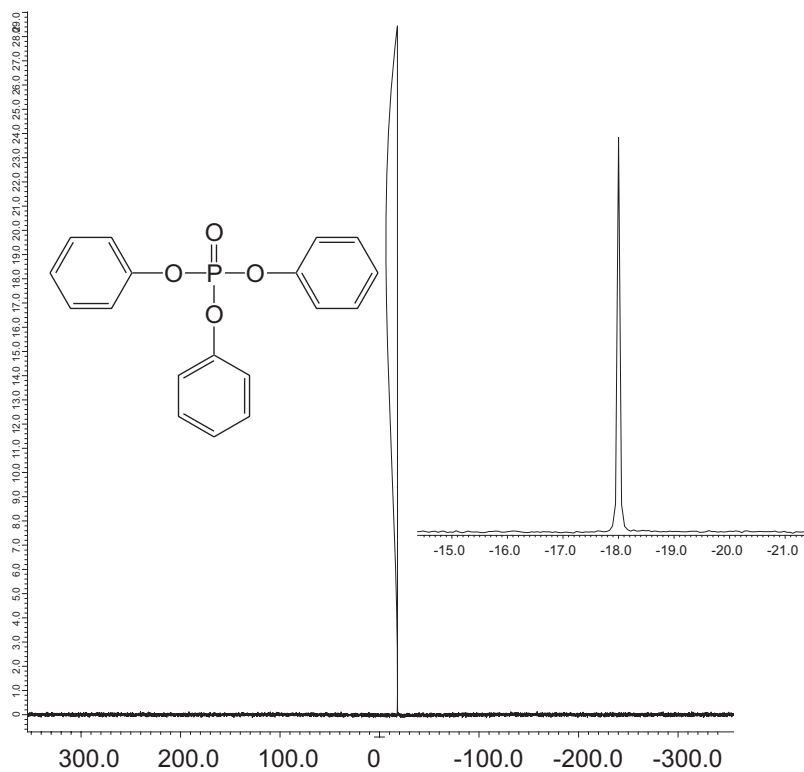
^{23}Na -NMR
(200 mg NaCl
D₂O, 30 min)

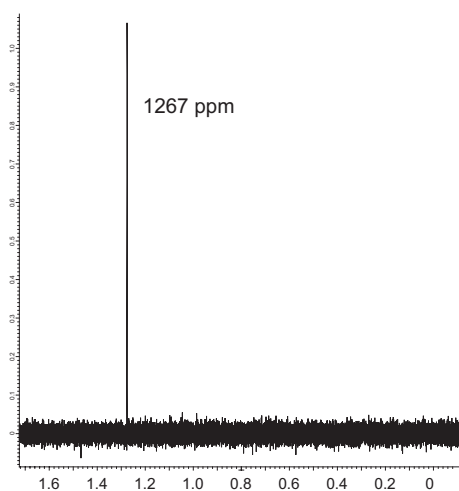
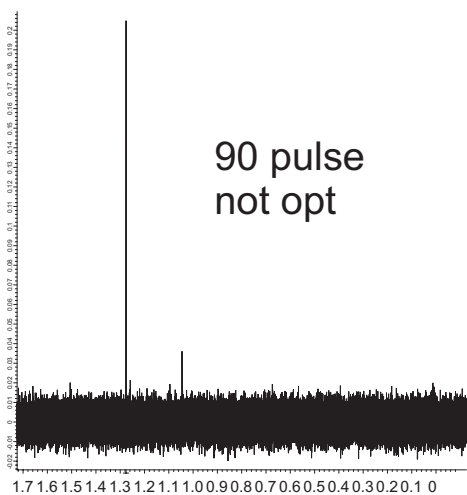


90 pulse
opt

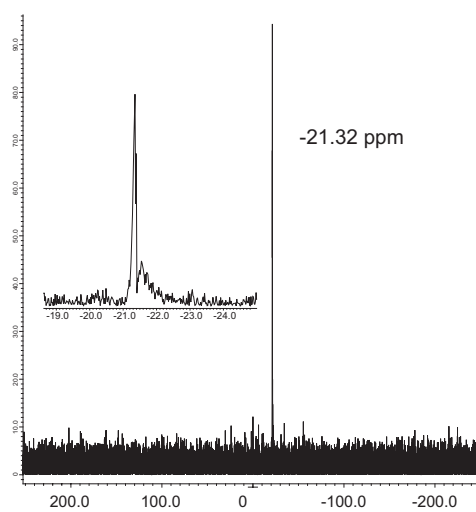
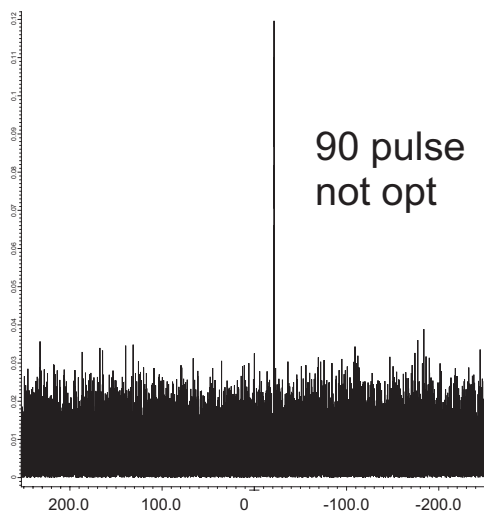


^{31}P -NMR





^{77}Se -NMR
(65.7 mg Na_2SeO_3
 D_2O , 30 min)



^{29}Si -NMR
(50 mg Silicone oil
 CDCl_3 , 45 min)